



Band Tales

Palomar Audubon Society
A Chapter of the
NATIONAL AUDUBON SOCIETY

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May-June
2011

Editor
Arne Christiansen

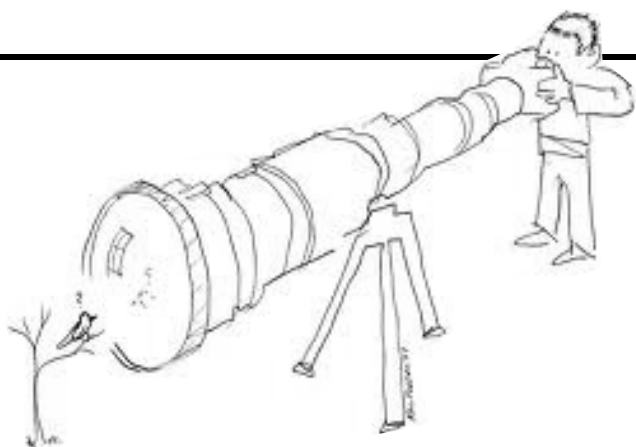
RETURN OF THE PHOTO CONTEST

We have decided to have a photo contest at this year's picnic (see Picnic announcement in this Band Tales for details.) The contest is open to all members attending the picnic. Prizes will be awarded for the top three photos as determined by votes of the picnic attendees. What the prizes will be is still to be determined, but they will be more modest than past contests. The winning photos will also be featured on our website and in Band Tales.

If you wish to enter the contest, please observe the following contest rules:

1. One photo may be entered per attendee.
2. Bring an unframed 5 x 7 photo to the picnic.
3. Print your name on the back of the photo.
4. Photo may be of any bird you have photographed during 2010 or 2011. Bird does not need to be a North American bird.

The photos will be collected at the picnic and displayed together. The photos will be numbered, and each picnic attendee will vote for their favorite three photos. The winners will be announced at the picnic and the prizes awarded. We want this to be a fun contest, so don't be hesitant to enter a photo even if it is a "point & shoot" snapshot of a common bird in your back yard. Don't have a photo? The next four bird walks would be a great opportunity to get a photo of a beautiful migrant being seen over the next month. Hope to see you all at the picnic and look forward to seeing your photos.



"JOIN THE E-COMMUNITY"

(reprint from May-June 2009)

Palomar Audubon Society has had a friendly e-mail message list since October 2000. This list is focused specifically on the needs and interests of PAS members and is used to post important messages, including announcements, and last minute changes to events, trip reports, with an occasional comment, boast, or query from members. Unlike many e-mail lists, this has been a "low volume" list that averages only a few messages per week - so it doesn't fill up your mailbox.

How to sign up: This e-mail list is administered through Yahoo! Groups. There are essentially two ways for you to participate:

- **As an unregistered user.** In this case, all you get are the messages when they are sent. To join the email list this way send messages to: Kemer.Thomson@gmail.com with your name and e-mail address. You will receive a confirmation e-mail. Don't reply to that confirmation email or you will immediately be taken off the list. Quit the group at any time by sending a message from the receiving e-mail address to:

PalomarBird-unsubscribe@yahoogroups.com

- **As a registered Yahoo! user.** If you have a Yahoo! mail account or belong to any other Yahoo! Groups as a registered user, this is the easiest and most powerful option: it allows you to read the archive of previous postings (seven year's worth) and to change your personal settings. To join the group this way, go to: <http://groups.yahoo.com/group/PalomarBird/> and click on the "Join This Group!" button.



Inside this Band Tales

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A BIRD'S EYE VIEW

Doug Nail

As I write this letter I'm sitting here watching our Hooded Orioles coming to the feeders and the Anna's Hummers trying desperately to fend off the Rufus Hummers as they migrate north. It means another season of good birding is coming up!



It also means I'm looking at the end of my term as your president. It's been a good two years and I'm thankful for the opportunity I've had to serve you. Your Palomar Audubon Board, including me, is diligently working on a list of new candidates to fill the positions available. I hope you will approve their recommendations. Continuing to serve and keep a viable organization, of any kind, in today's environment is very difficult...we have such limited resources in both time and money to accomplish the challenges we have in our small part of the world. I encourage all of you to think of ways you can help. Our membership is getting older and many of you have served in multiple positions over many years and I am thankful for all of your help. To keep going we have to all keep going and to work hard to bring new folks into our organization.

We have some great programs coming up and I hope you'll come and bring a friend...remember, the programs are free!! And don't forget the Palomar Audubon picnic which is June 5th at the Kersey's in Fallbrook. The picnic is not free but you'll have a great time, great food and maybe win a raffle item or more! See you there.

Good birding!

Doug



CONSERVATION NOTES

Char Glacy

I caught a brief glimpse of the first of the season bright male Hooded Oriole at one of my hummingbird feeders the other day. It brought to mind how important backyard conservation is. Whether you live in a rural area, a suburban yard, or even a condo with a small patio, you can help protect the environment and add beauty and interest to your surroundings. Habitat is a combination of food, water, shelter, and space arranged to meet the needs of wildlife. Even a small yard can be landscaped to attract birds, butterflies, beneficial insects, and small animals.

Trees, shrubs, and other plants provide shelter and food for wildlife. The plants you use for food and cover will help determine what species you might attract. I live in an urban area but do my best to make sure the yard is designed for maximum bird use. The Toyon, with its abundance of red berries this winter was enjoyed by a flock of Cedar Waxwings, and the hummingbird feeders kept the Anna's very busy.

It has been such a joy to watch the fountain. Birds are there most of day, and sometimes in the morning an Anna's will sit at the top of the bubbler and take a bath. I hope you are enjoying the spring as much as I am.



NOMINATIONS FOR NEXT YEAR'S SLATE OF OFFICERS & BOARD MEMBERS

OFFICERS:

President: Jeff Ebright
Vice-President: Jim Beckman
Secretary: Vicki Ebright
Treasurer: Mickey Nail

DIRECTORS-AT-LARGE:

Sunny Christiansen
Barbara Dunn
Eleanor Faulke
Penny Hernandez
Doug Nail
John Walker



Palomar Audubon Society
P.O. Box 2483
Escondido, CA 92033-2483

Dear Members and Friends,

A great **BIG THANKS** to those who have already responded to our 2011 fund raising letter. You are helping make it possible for us to continue these programs.

Some of our accomplishments in 2010 and plans for 2011 are:

BIRD WALKS – We had 48 Saturday bird walks with over 900 participants. On average over 50 bird species were observed on each walk and all areas of San Diego County were visited. We continue to look for new areas to bird and to develop new walk leaders.

PROGRAMS – We had 7 programs on a variety of subjects presented at monthly membership meetings. Presenters ranged from experts in their field to PAS members.

SCHOLARSHIP – Kenny Kimbrough was the recipient of the PAS 2010 Scholarship Award. Kenny attended the week long ABA Young Birders' Conference in June in Colorado. Kenny found the conference enriching and shared his experience with our membership at an informative program. We plan on continuing the scholarship for 2011 and have identified a worthy recipient for a camp in Arizona. If possible we would like to sponsor a second child this year to one of the four available camps.

BIRD COUNTS - We participated in the Escondido Christmas Bird Count to gather yearly census information.

The count in December was very successful with a high level of participation. PAS provided lunch for all the participants.

PUBLICATIONS - We continue to publish “Band Tales”, our newsletter, which keeps our membership informed of our meetings, programs, weekly bird walks and items of environmental interest. We are now providing an online copy of “Band Tales” at our website.

ENVIRONMENTAL SUPPORT - We donated to the following organizations in 2010: Wildlife Research Institute in Ramona, San Dieguito River Valley Conservancy, and Escondido Creek Conservancy. For the Wildlife Research Institute, we sponsored the purchase of a GPS device to track a Golden Eagle. We plan on making similar donations in 2011. We are also exploring ways we can provide additional non-monetary support to these worthy organizations in our community.

BIRDING TRIPS OUTSIDE COUNTY – We plan to continue offering these birding trips to our members. We had a very successful trip to Trinidad/Tobago this past January.

We still need your help to meet our financial goals for 2011. We are successful as an organization only with your help. The **MAJOR** support for all of our programs and activities comes through your generous donations. For those who have already given, a great **BIG THANK YOU**. For those that have not, please take advantage of this second chance. Please make your check to Palomar Audubon Society. We are a 501(c) 3 organization, so your gift qualifies as a charitable donation.

Thank you for your support.

The Board of Directors, Palomar Audubon Society

FIELD TRIPS

Jim Beckman

Whether a seasoned birder or a beginner, you are welcome to join us. For more information call the trip leader shown below. Heavy rain cancels trips. Locations in Thomas Guide Coordinates are shown in parenthesis as (Page-Column Row). Ratings: 1=easy, suitable for all levels, 2=moderate, a bit more walking and possibly some hilly terrain, 3=challenging, longer hikes and may involve some steep terrain.

Saturday, May 7, 8:00 a.m.

Daley Ranch

Escondido

(1110-C3) Rating: 2

From I-15 in Escondido, exit at El Norte Parkway and drive east approximately 3 miles. Look for the "Daley Ranch/Dixon Lake" signs and turn left (north) on La Honda Drive. Continue on toward Dixon Lake and to the free Daley Ranch parking lot on your left. Meet at the kiosk.

Leader: David Mathis

760-754-5215

Saturday, May 14, 8:00 a.m.

Kit Carson Park

Escondido

(1150-C1) Rating: 1

From I-15 in Escondido, exit east on Via Rancho Parkway and drive about 1 mile to Park Road entrance on your left – at the fire station. Proceed on Park Road about ¾ mile to the Amphitheater parking lot on the right. Woodland, riparian, and open-area habitats usually get us a nice list of resident birds.

Leader: Sunny Christiansen

858-487-0731

Saturday, May 21, 8:00 a.m.

Wilderness Gardens Preserve

Pala

(409-E6) Rating: 2

This small wilderness area represents a fine example of oak woodland habitat. Meet in the Wilderness Gardens parking lot, which is about 10 miles east of I-15 on Hwy.76, on the south side of the highway. Parking fee required. Bring a lunch for an after-birding picnic. Expect warm weather.

Leader: Penny Hernandez

760-746-8315



Saturday, May 28, 8: a.m.

Sweetwater River Gorge

Rancho San Diego

(1271-J6) Rating: 2-3

From I-5, I-805, or I-15, take Hwy. 94 east; stay on Hwy. 94 as it becomes Campo Road, then turn right on Singer Lane, and then an immediate left onto the dirt parking area near the old steel bridge. This area is a rich stream habitat surrounded by native chaparral and sage scrub. There are no restrooms or drinking water available, so plan accordingly. Expect warm weather. It's a PAS tradition to eat at Rubio's after birding.

Leader: Jim Kerr

858-442-4726

Saturday, June 4, 8:00 a.m.

William Heise County Park/Santa Ysabel Mission

Julian

(1156-C5) Rating: 2-3

From Escondido take Hwy 78 east (from San Diego take Hwy 67 east) to Ramona, then Hwy 78 toward Julian, past Santa Ysabel. At Wynola start looking for the sign for William Heise Park (1 mile west of Julian). Turn right on Pine Hill Road and drive south for 2 miles to Frisius Road. Turn left (east) onto Frisius Road and drive for another 2 miles to the park entrance. We will meet in the parking lot. There is a parking fee. We will also drive to Santa Ysabel Mission to look for orioles and other spring/summer migrants. Bring a lunch for an after-birding picnic. Expect warm weather.

Leader: Jeff Ebright

858-484-3932

Saturday, June 11, 8:00 a.m.

Agua Dulce Creek

Laguna Mountains

(430-B5) Rating: 3

We will meet at the old parking area for Agua Dulce Creek Group camp. Driving east on I-8, and after Pine Valley, look for signs indicating the Sunrise Highway Exit and Laguna Mountain Recreation Area. Go north on Sunrise Hwy. (S-1) to Wooded Hill Road. Take the first road on the left to the area directly across the road from Morris Ranch Road. Restrooms, picnic tables and water are available in the Lagunas at Burnt Rancheria Picnic area. A Forest Service Adventure Pass is required and is available locally at major sporting goods stores and at other areas in the Lagunas. Bring a lunch for an after-walk picnic. Expect warm weather.

Leader: Sally Sanderson

760-749-6995

*FIELD TRIPS, from Page 4*Saturday, June 18, 8:00 a.m.**Cuyamaca Rancho State Park**

Julian

(429- L3) Rating: 2-3

From San Diego, take I-8 east and exit north on Hwy 79. Continue approximately 12 miles to the Paso Pacacho Campground on the left. From the North County, take Hwy 78 (or Hwy 67) to Ramona, and then continue on Hwy 78 just past Julian, to Hwy 79. Take Hwy 79 south approximately 10 miles to the campground on the right where we will meet. There is a day use fee. Bring a lunch for an after-walk picnic. Expect warm weather.

Leader: Doug Nail

760-451-9370

Saturday, June 25, 8:00 a.m.**Palomar Mountain**

San Diego County

(409-G7) Rating: 2

This field trip will start from the parking lot at Doane Pond. Leave the Escondido area at about 7 a.m. From I-15, take Highway 76 east to Highway S6, north to Palomar Mountain. Or from Escondido, take Highway S6 to Palomar Mountain. At the mountaintop, at the S7 intersection stop sign, turn left and continue for 3 miles on State Park Rd. to the Palomar Mountain State Park entrance. There is a day use fee. Proceed 1.5 miles to the Doane Pond/School Camp area. Bring a lunch for an after-walk picnic. Expect warm weather.

Leader: Jim Beckman

858-205-2819

Saturday, July 2**No Field Trip - Happy Independence Day Weekend!****PROGRAMS**

Please join us for our interesting monthly program and refreshments at the Remington Club, 16916 Hierba Drive, Rancho Bernardo. There is a social period beginning at 7:00 pm with the meeting and program getting under way promptly at 7:30 pm.

Thursday, May 26

Michelle Mattson**“San Diego County Birds****vs.****Los Angeles County Birds,
A Friendly Race”**

Michelle will enlighten us on the “friendly competition” between the two counties and which birds maybe next on the list.

She is a very good friend of our active Palomar birding group and a very keen birder in her own right! Please come and bring a friend...it's free!



IT'S TIME
FOR THE 2011

PAS PICNIC!

SUNDAY JUNE 5 AT 4 PM
3896 LADERA VISTA ROAD ~ FALLBROOK



The 2011 PAS Picnic is one not to be missed! It will be held under the beautiful oak trees at Bert and Sharon Kersey's home in Fallbrook. This is also the happy home of numerous nuthatches, orioles, woodpeckers, barn owls, and a bounty of other wild birds. All are invited to join our party, so pack your binoculars just in case.

ON THE MENU

Our cooks will be providing your choice of chicken or filet mignon (grilled to order!), along with Penny's awesome potato salad, birder-baked beans, and our "Friendship Fruit Salad," created from everyone's fruit contributions.

Beer, wine and non-alcoholic beverages will be served by our friendly and highly skilled PAS bartenders. (Please bring a photo ID if you appear to be under 70.)

FUN FOR ALL, AND A RAFFLE TOO!

We encourage everyone to bring a new bird-related item for this year's raffle — maybe a bird book or a birdhouse or even a nice fancy pair of bird suspenders. Be creative. It's all kinds of fun and this could be your lucky year!

The Palomar Audubon Society expects this to be a super event, and everyone wants YOU to attend!



PLEASE RSVP BY MAY 28

\$20 PER PERSON — PLEASE MAKE YOUR CHECK OUT TO PAS AND MAIL IT WITH THIS FORM TO
SUNNY CHRISTIANSEN ~ 12480 POMERADO PLACE ~ SAN DIEGO, CA 92128



NAME(S) _____

NUMBER OF PEOPLE _____ PHONE NUMBER _____

HOW MANY OF EACH: # _____ STEAK # _____ CHICKEN # _____ VEGETARIAN

_____ I WOULD LIKE TO HELP WITH SET-UP OR CLEAN-UP.

NOTE: PLEASE REMEMBER TO

1. BRING A NEW BIRD-RELATED ITEM FOR THIS YEAR'S RAFFLE.
2. BRING A PIECE OF FRUIT FOR THE FRIENDSHIP FRUIT SALAD.

GETTING THERE

The picnic is at **3896 Ladera Vista Road** in Fallbrook (Thomas Guide page 1047). Most GPS's will get you real close but not quite there, so refer to the map below.

Completely lost? Phone (760) 723-1066.



DIRECTIONS FROM THE SOUTH

- Take Interstate 15 to **Gopher Canyon Road** (Exit #41).
- After you exit, go right (east), then immediately left (north) on **Old Highway 395**. Now watch your odometer...
- Go 1 mile and turn left (west) on **Camino del Rey**.
- Go 5 miles to the traffic light, where Camino del Rey becomes **Olive Hill Road**. Keep going straight...
- Go 3.5 miles (turning right at the "T"). At the yellow left arrow sign, exit straight onto **Ladera Vista Road**.
- Go less than 1/4 mile and turn left at the "**KERSEY**" sign. Continue to the cul de sac and... hey, you made it!



ANNOUNCEMENTS

Palomar Audubon Society Chapter-only Membership

Mail your application to:

**Palomar Audubon Society
P. O. Box 2483
Escondido, CA 92033-2483**

Membership in the Palomar Audubon Society includes a subscription to **Band Tales**, Palomar Audubon's bi-monthly newsletter, and an invitation to our monthly programs and weekly field trips.

☐ *New Member - \$20* ☐ *Renewal - \$20*

☐ *New Family Member - \$25* ☐ *Renewal - \$25*

(payable to Palomar Audubon Society)

☐ *Contribution* _____

Name _____

Address _____

City _____ State _____ ZIP _____

Telephone _____

E-mail _____

*100% of Chapter Membership dues supports
projects locally.*



ABSOLUTELY FINAL SHIRT SALE!

PALOMAR AUDUBON SOCIETY TEE SHIRTS

PAS has just a handful of its logoed yellow ladies tees for sale. In sizes small and medium, with a rounded neckline, these last few shirts are on sale for \$5. Only small and mediums remain. And we have fewer yet hunter green PAS baseball-type hats for sale at \$17. Call Mickey Nail at 760-451-9370 to reserve yours! Once they're gone, they're gone!

Mickey Nail

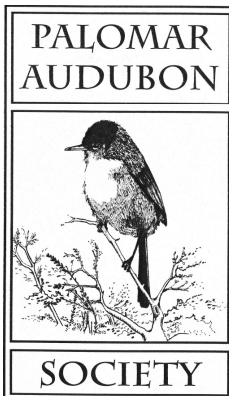


**REMINDER:
DEADLINE FOR THE
JULY-AUGUST ISSUE IS
JUNE 15TH.
SUBMIT COPY TO
arnec@juno.com**

Band Tales

May-June, 2011

The *Band Tales* is an official publication of the Palomar Audubon Society; it is issued bi-monthly and sent to all members as a part of their National Audubon Society membership or Palomar Audubon Society Chapter-only membership.



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P.O. Box 2483
Escondido, CA 92033-2483

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Vice-President

Dianne Benham 858-679-7904

Secretary

Sunny Christiansen 858-487-0731

Treasurer

Jeff Ebright 858-484-3932

Directors-at-Large

Jim Beckman 858-792-5526
 Orval Carter 760-489-5602
 Vicki Ebright 858-484-3932
 Char Glacy 858-538-6788
 Penny Hernandez 760-746-8315
 John Walker 760-707-6587

Committee Chairs

Band Tales Arne Christiansen ... 858-487-0731
 Conservation Char Glacy 858-538-6788
 Exhibits Penny Hernandez 760-746-8315
 Field Trips Jim Beckman 858-792-5526
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 Hospitality Panny Hernandez 760-746-8315
 Membership Vicki Ebright 858-484-3932
 Merchandising Mickey Nail 760-451-9370
 Programs Doug Nail 760- 451-9370
 Publicity Mickey Nail 760- 451-9370
 Scholarship Jim Beckman 858-792-5526

Web Page: <http://www.palomaraudubon.org>

Webmaster: Kemer Thomson:
kemer.thomson@gmail.com

Board of Director's Meeting

Thursday, May 5th & Thursday, June 2nd

7:00 p.m. at the Remington Club

**16916 Hierba Drive
 Rancho Bernardo**

*Note: All Palomar Audubon Society members are welcome at
 Chapter Board meetings.*

QUICK CALENDAR

May	5	Board Meeting
May	7	Daley Ranch Walk
May	14	Kit Carson Park Walk
May	21	Wilderness Gardens Preserve Walk
May	26	General Meeting: S.D. vs. L.A. County Birds
May	28	Sweetwater River Gorge Walk
June	2	Board Meeting
June	4	William Heise County Park/Santa Ysabel Mission Walk
June	5	Annual PAS Picnic
June	11	Agua Dulce Creek Walk
June	18	Cuyamaca Rancho State Park Walk
June	25	Palomar Mountain Walk
July	2	No Field Trip - Happy Independence Day Weekend!