Lesser Scaup photographed at Dixon Lake by Aedyn Loefke

Find photos and info about the new water feature and benches at Daley Ranch on page 5.

Inside this Band Tales
A Bird’s Eye View ........................................page 2
Conservation Notes .....................................page 2
Christmas Bird Count .................................page 3
I know I sound like a braggart but the other fun thing about growing sunflowers is watching the birds eat the seeds right from the flowers. I dried the flowers on my patio table and the birds (House and Gold finches) found them in a matter of minutes. Now that the birds are done with the flowers I have used them in flower arrangements. Can’t wait for next year’s crop.

Our new fiscal year started July 1st. The Board talked about what if anything the chapter can do at this time. It was decided we will not have programs or field trips until 2022. Keep reading your newsletters and our Facebook page and web site for current information. I’ve sent a picture (dog) for the newsletter that needs a caption. My caption would be “Really!!” what would you suggest? Send it for the next newsletter. Hope you’ve been doing some birding on your own. The benches are up by the “drip” (close to the ranch house) at Daley Ranch if you’re looking for a place to sit and watch the birds.

Good birding friends.

(Continued on page 3)
(Continued from page 2)

windows they will often fly confused around the light source and waste precious energy in the process. This has been shown to lead to many deaths among nocturnal migrants.

In an effort to reduce the number of nocturnal migrant deaths, Audubon has created the Lights Out Program, a national effort to save migrating birds by reducing nighttime lighting.

While this may seem like a problem that only affects cities-- and it is true that a majority of light-related bird deaths do occur in cities-- this is something that we can help to tackle even in our own homes. Audubon has provided a list of ways that you can help to make your home more bird-friendly during this critical migration season. These include simple suggestions such as:

Turn off exterior decorative lighting. Extinguish pot and floodlights. Turn off interior lighting especially on higher stories. Down-shield exterior lighting to eliminate horizontal glare and any upward light. Avoiding over-lighting with newer, brighter technology.

Without the distraction and confusion caused by mostly unnecessary nighttime light sources, nocturnal migrants can pass by safely and continue their journey southwards.

Part of what is so wonderful about this program is that it not only benefits the birds, but it also has tangible benefits for us as well. Just think of the money you could save by turning off those porch lights at night or by turning off that light upstairs when you leave the room. With our energy bills growing ever higher, reducing the amount of light we use-- and thus electricity-- can greatly impact our bills for the better. And by doing so, you'll be helping to safeguard our migrating birds-- birds that probably pass right over your house without you ever knowing. It's a win-win really.

So, if you'd like to help migrating birds, and lower that electric bill in the process, please consider taking some measures to reduce or eliminate nighttime lighting at your home or business. Go to Audubon.org/ lights-out-program to learn more about what you can to do help our nocturnal migrants.

ESCONDIDO CHRISTMAS BIRD COUNT
SUNDAY, JANUARY 2, 2022
By Jim Beckman

Each year between December 14th and January 5th, thousands of birders and nature enthusiasts participate in one or more of the 2000+ Christmas Bird Counts held annually in the United States, Canada, and many other Western Hemisphere countries. This year will mark the 122nd year for this event.

This holiday season please join with the other birders for this important citizen science effort sponsored by the National Audubon Society. The one-day bird counts provide valuable data about the number of bird species and numbers of each species occurring within a set geographical area.

Palomar Audubon Society would like to extend an invitation to all birders to participate in the annual Escondido Christmas Bird Count on Sunday, January 2, 2022. The count circle incorporates mostly rural areas near Escondido, Valley Center, Ramona, and Poway. Fantastic birding skills are not a requirement-- an extra pair of eyes is always helpful.

Due the COVID-19 pandemic, the National Audubon Society most likely will put in place some new rules for this year's CBC's. All activities must comply with all current state and municipal COVID-19 guidelines. See the next November/December newsletter for details.

After November 15 2021, for additional information and/or team assignments, contact the Escondido CBC senior compiler, Ken Weaver by phone at (760) 723-2448 or by email at gnatcatcher@sbcglobal.net.

Again this year, Palomar Audubon Society is making a concerted effort to have more of it's members participate in this important event. Sign up after November 15, and join the fun!
NEW EMAIL ADDRESSES FOR NEWSLETTER SUBMISSIONS.
Please start using fred17hmr@gmail.com or jillweber55@hotmail.com. The jillnfred@cox.net will be going away at the end of the year.

PALOMAR AUDUBON SOCIETY WELCOMES NEW AND RENEWING CHAPTER-ONLY MEMBERS:
Shirley Bernstein
Joanne Casterline
Sunny & Arne Christiansen
Yvette Durham
Donna Holmes
Leslie Kuhn
Corinne Lines
Clark Mahrdt
Mary Ann Roberts

AND WE APPRECIATE OUR DONORS VERY MUCH!
Joanne Casterline
Ann & Doug Collins
Patricia Fallon
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Penny Hernandez
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Loretta La Bianca
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Clark Mahrdt
Jim Martin
John & Nan Thomas
Paul Zepf

Palomar Audubon Society
Chapter-only Membership
Mail your application to:
Palomar Audubon Society
P. O. Box 2483
Escondido, CA 92033-2483

Membership in the Palomar Audubon Society includes a subscription to Band Tales, Palomar Audubon’s bimonthly newsletter, and an invitation to our monthly programs and weekly field trips.

☐ New Member - $25  ☐ Renewal - $25
(payable to Palomar Audubon Society)

☐ Contribution
____________________________________

Name________________________________
Address______________________________
City________________ State____ ZIP____
Telephone____________________________
E-mail________________________________

100% of Chapter Membership dues supports projects locally.

Save the date for October Big Day

If you thought Global Big Day was fun, join in on Saturday, 9 October for another day-long celebration of birds. This year’s event is during both International Migratory Bird Day and Global Bird Weekend. Submit at least one eBird checklist on October Big Day and help set a new world record!
WILDLIFE OASIS READY FOR VISITORS AT DALEY RANCH

The wildlife drip at Daley Ranch is ready for your visit. Follow the main road to the ranch house to enjoy the variety of birds being drawn to this water source. You just might see other types of wildlife also!

Two beautiful benches have now been installed near the drip. The benches were purchased by PAS, aided by a donation from Paul Zepf in memory of his beloved wife Barbara Zepf. PAS wishes to thank Paul for his generous donation. Thanks to Paul and PAS members, many a hiker and birder will enjoy a restful stop by the drip!

(Lesser Scaup from cover) I thought it deserved to be printed in color also. Thanks Aedyn!

Were always looking for photos and content for the newsletter. So if you have a photo or photos or a birding related article or story send it to us.
Band Tales
September-October, 2021

The Band Tales is an official publication of the Palomar Audubon Society; it is issued bi-monthly and sent to all members as a part of their Palomar Audubon Society Chapter membership.

Board of Director’s Meeting
No Meetings for September-October
7:00 p.m. at the Remington Club
16916 Hierba Drive
Rancho Bernardo

Note: All Palomar Audubon Society members are welcome at all Chapter Board meetings.

Quick Calendar

No meetings or walks scheduled at this time due to Covid 19 restrictions.