



Band Tales

Palomar Audubon
Society
A Chapter of the
NATIONAL AUDUBON
SOCIETY

Volume XL1
No. 1

January-February
2025

Editor
Jack Peterson

THE MONTHLY PROGRAMS ARE BACK

Please join us for our very interesting monthly program and refreshments at the **Remington Club II Retirement Center, 16916 Hierba Drive, Rancho Bernardo**. There is a social period beginning at 6:30 pm with the meeting and program getting underway promptly at 7:00 pm.

Thursday, January 23, 6:30 pm

“Remarkable Raptors”

Sharyl Massey

Sky Hunters – Raptor Education and Rehabilitation

Sky Hunters is a non-profit organization dedicated to educating local communities about the diversity of raptors native to San Diego County, in addition to caring for sick, injured and orphaned raptors.

MEET LIVE RAPTORS, and learn about their diversity, taxonomy and their amazing adaptations! We’ll also discuss what’s involved in raptor rehabilitation and our goal of releasing rehabilitated birds back into their habitats.

Wildlife Conservation and Environmental Education have been Sharyl’s passion for over 35 years. She graduated with a BS in Wildlife Management from Humboldt State University and a MA in Environmental Science Education from Sonoma State University. She has had a diverse career working as a naturalist, with outdoor education schools on Palomar Mountain and in the Cuyamacas, an Interpreter with CA State Parks, served as a Peace Corp Volunteer in the Dominican Republic and worked for The Nature Conservancy as the Education Coordinator on a 100,000-acre Bison ranch in Colorado. Over the years she has volunteered for various conservation organizations, most recently having served on the Board of Directors with the Volcan Mountain Foundation in Julian. She recently retired and continues to volunteer with Sky Hunters, spends time working on habitat restoration and native plant gardening projects.

Mark Your Calendars! Bring The Kids!

Thursday February 27, 6:30 pm

“A Win-Win Solution for Lake Hodges Grebes”

Brian Caldwell

For over 30 years, Brian has been a resident of Del Dios on the banks of Lake Hodges, and has been involved with the Lake since his arrival. First, as the concessionaire, and now as a photography guide with his company, Lake Hodges Photo Tours.

Brian first became interested in Grebe behavior in 2014 when he was determined to photograph the well-known “rushing” behavior of Clark’s and Western Grebes for which they are renowned. This led Brian to immerse himself in the nuances of their life cycle, including courtship, feeding, nesting habits, and chick rearing. In 2018, Brian was dismayed to see his first Grebe nesting colony collapse at the East End of Lake Hodges.

After some research, Brian discovered the reason for the collapse of the colony and he has since been addressing the issue with the long-term goal of insuring that when viable nesting conditions present themselves on Lake Hodges, Grebes will be able to complete at least one full nesting cycle, including building nests, laying eggs and incubating until hatching. Brian’s presentation will go over the issue in detail including the possible solutions.

Mark your calendars! Don't miss this presentation!

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A BIRD'S EYE VIEW

Beth Pearson, President

A Season of Gratitude from the President

Dear Palomar Audubon Society Members and Friends,



As we enter this season of gratitude, I want to take a moment to reflect on everyone involved in this organization and express my heartfelt thanks to the many individuals whose contributions make Palomar Audubon Society a wonderful, welcoming, and impactful organization.

First, I want to extend my appreciation to our dedicated **Board members**, whose leadership and commitment keep the heart of our organization beating strong. Their guidance ensures that we stay organized, focused, and true to our mission of conservation, education, and community engagement.

Another thank you goes to the **Chairs of our committees**, whose hard work is integral to our success. Their efforts toward conservation, education, and community outreach continue to help us make progress toward our goals. Additionally, they are working to support young birders by establishing a teen birding group and offering scholarships for young members to attend birding camps, helping inspire and nurture the next generation of bird enthusiasts and conservationists.

I also want to recognize the many **Field Trip Leaders** who bring our Saturday field trips to life. Their dedication to making these outings not only educational but also friendly and welcoming helps foster a sense of community among our members. Their willingness to lead is vital in making these trips enjoyable and enriching, and we're grateful for your commitment toward that mission.

A special thank you to **Jim Beckman**, who tirelessly organizes the field trips and coordinates speakers for our meetings, all while maintaining a warm and inviting atmosphere for both long-time members and newcomers alike. His efforts make every event run smoothly, and his

kindness helps ensure that everyone feels welcomed and included.

I would also like to acknowledge **Steve Ellis**, whose quiet dedication to compiling our bird species lists is an essential part of our field trips. Steve's patient attention to detail, listening to trip participants as they excitedly share their birding finds, and submitting the species list to eBird every week is a vital contribution to the larger citizen science effort. His efforts help extend our work far beyond our own chapter, making an important impact in the world of bird conservation.

And finally, I want to express my profound gratitude to **all of our members**. Your friendship, support, and sense of humor are what truly make this organization such a joy to be a part of. Whether you're joining us on field trips, attending our events, or simply offering a kind word, your spirit lifts all of us. The camaraderie and shared passion we have for birds and conservation make Palomar Audubon Society a valuable community for each of us.

As we look forward to another year of growth, learning, and conservation, I thank you all for your ongoing dedication to our mission. Together, we are making a difference, one bird at a time.

With warmest regards and deepest gratitude,
Beth Pearson

President, Palomar Audubon Society

CONSERVATION NOTES

Mary Jo Hayes

Calling all eBirders! A few members of the San Diego Field Ornithologists (SDFO) are working on a project to complete eBird annual bar charts for certain San Diego County hotspots, and they are asking for assistance from eBirders. If you visit the sandiegofieldornithologists.org website or receive their email posts, you may already be aware of their efforts. If you are interested in helping out, it is easy to do. If you do not already receive SDFO email posts in your inbox, a notification is usually posted on their website, Saturday or Sunday, and can be found under the "Recent Sightings" column. There will be a list of hotspots that need checklists submitted for the week mentioned. So, just bird the location. Submit your eBird checklist and you have helped with completing the annual data.

You are not limited to this list, though. At this time, there are many other county hotspot locations that are lacking data. If you are interested in looking further into this, check the eBird San Diego County hotspot map (eBird.org > explore regions – enter San Diego > Hotspot **Map** – left column under Explore). Maybe there is an infrequently birded location close to where you live that is not on the SDFO list and is missing data for certain weeks during the year.

Your Contribution Matters! Participating in completing

**REMINDER:
DEADLINE FOR THE
MARCH/APRIL ISSUE IS
FEBRUARY 15.
SUBMIT COPY TO:
Jackdpete@gmail.com**

annual eBird bar charts for San Diego County hotspots is a simple yet impactful way to contribute to the understanding and conservation of our local bird species. Your observations can make a meaningful difference. So, grab your binoculars, visit a hotspot, and start submitting those checklists. Your data will help us all understand and protect the incredible diversity of birdlife in San Diego County!

California Biodiversity Day eBird Recap, 2024

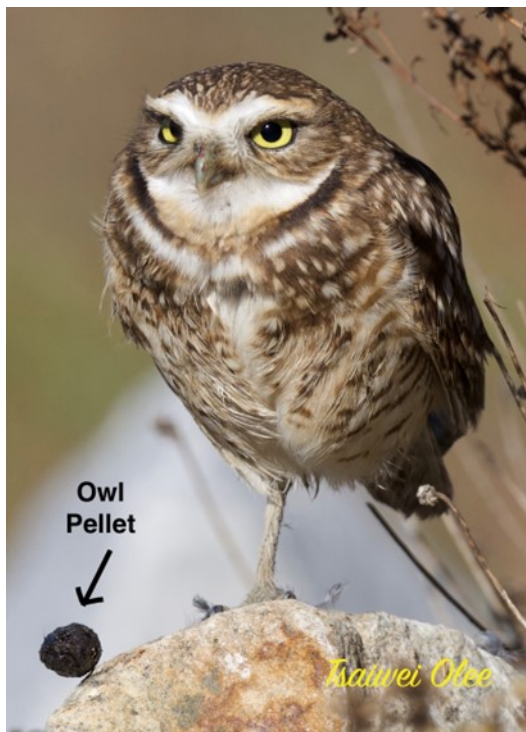
Thank you and congratulations eBirders of San Diego County for participating in California Biodiversity Day which occurred over a nine-day period, September 7-15, 2024. There was a total of 31 California counties voluntarily participating in the event by sharing submitted eBird checklists with the username “CaliforniaBiodiversityDay”.

(Continued on Page 5)

Species Profile: Burrowing Owl

Tsaiwei Olee

Four years ago—nine months into the COVID lockdown and before the vaccine was available to me—I took my camera to a trail by the coast. It was the early days of my birding life, so I was just curious what kind of birds my camera could catch. It was a time when



I didn't even bother to create my own eBird list. After walking on the trail for a brief while, a lady approached me and asked if I had seen the “burrowing owl.” I didn't know what she was referring to, to tell the truth, so I told her no. Because of that, she took me

across a short tunnel...and there it was! About 15 feet away, a little owl was standing on a rock, facing me and basking in the morning sun, right at my eye level! The owl was small, with long legs and rounded head, no ear tufts, and bright yellow eyes.

To this day, it's still one of my best birding moments. All because a nice birder was willing to share a great birding



spot with me. It's these types of random acts of kindness I often encounter on birding trails that keep me going back.

Unlike most owls which are nocturnal, Burrowing Owls are active during the day. They live in open habitats with



sparse vegetation such as prairies, pastures, deserts or shrublands, and even airports. In our area they like to use ground squirrel burrows for

nests. They hunt close to the ground catching insects and small animals. Once in Riverside County near an airport, I saw a few Burrowing Owls catching green beetles in the air.

Western Burrowing Owl is the subspecies of Burrowing Owl found throughout western North America, west of the Mississippi River and south into Mexico. Both urbanization and the reduction or elimination of ground squirrels, due to the conversion of their habitats to grazing and agricultural lands, have greatly diminished its numbers. In October 2024, the California Fish and Game Commission accepted and unanimously approved the petition to list the Western Burrowing Owl as a candidate for protection under the California Endangered Species Act (CESA). The Palomar Audubon Society made sure to participate in the petition. The species will have full CESA protections until the California Department of Fish and Wildlife (CDFW) decides whether listing is warranted, which will likely occur in late 2025 or early 2026. We hope that such efforts will increase the Burrowing Owl population. Human encroachment and interactions have negatively impacted many bird species. As we enter the new year, let's continue to be active in the conservation community, plant more bird friendly native plants and participate in community science projects.

FIELD TRIPS

Jim Beckman

Whether a seasoned birder or a beginner, you are welcome to join us. Our field trips are free and open to the public. For more information call the trip leader shown below. Heavy rain at the meet-up location cancels trips. Locations in Thomas Guide Coordinates are shown in parenthesis as (Page-Column Row). Ratings: 1=easy, suitable for all levels, 2=moderate, a bit more walking and possibly some hilly terrain, 3=challenging, longer hikes, and may involve some steep terrain.

January– February 2025 Field Trips

Saturday, January 4, 8:00 am.

Dixon Lake
Escondido

(1110-C3) Rating: 2

From I-15 in Escondido, exit at El Norte Parkway and drive east approximately 3 miles. Look for the “Daley Ranch/Dixon Lake” signs and turn left (north) on La Honda Drive. Continue toward Dixon Lake and the Daley Ranch free parking area on your left. Seniors can also park free inside the adjacent Dixon Lake gate near the restrooms. Meet at the Daley Ranch trail-head kiosk.

Leader: Jim Beckman
858-205-2819

Saturday, January 11, 8:00 am.

Felicita County Park
Escondido

(1149-J1) Rating: 1-2

From I-15 in Escondido, drive a short distance west on Via Rancho Parkway to Felicita Rd. (stoplight) and turn right. Heading north a short distance on Felicita Rd., turn right again, on Clarence Lane (stop sign) and head up the hill two blocks and turn left on Cita Avenue. Park along Cita Ave. Since the Felicita County Park main parking lot doesn't open until 9:30 am, we will park along Cita Ave, and as a group, we will walk into the Park as pedestrians.

Leader: Mary Jo Hayes
760-505-8875

Saturday, January 18, 8:00 am.

Oak Hill Memorial Park
Escondido

(1130-F1) Rating: 1

From I-15 exit east on Via Rancho Parkway, which becomes Bear Valley Parkway, and drive 5 miles north to Glen Ridge road at Orange Glen High School. Turn right on Glen Ridge Road and proceed approximately 1 mile east to the cemetery gate. Turn left into parking area.

Leaders: Gerry & Linda Baade
858-231-9876/858-231-9500

Saturday, January 25, 8:00 am.

Kit Carson Park
Escondido

(1150-C1) Rating: 1

From I-15 in Escondido, exit east on Via Rancho Parkway (which becomes Bear Valley Parkway) and drive about 1 mile to the Park Road entrance on your left – at the fire station. Proceed on Park Road about ¾ mile

to the Amphitheater parking lot on the right. Woodland, riparian, and open-area habitats usually get us a nice list of resident birds.

Leader: Jim Beckman
858-205-2819

Saturday, February 1,
Batiquitos Lagoon
Carlsbad

(1127-A7) Rating: 1

From I-5 in Carlsbad, exit east on Poinsettia Lane. Turn right on Batiquitos Drive, drive about ½ mile to Gabbiano Lane, turn right and continue to the end. Park along the street. We will look for ducks, waterfowl, and riparian birds.

Leaders: Gerry & Linda Baade
858-231-9876/858-231-9500

Saturday, February 8, 8:00 am.

Guajome Regional Park
Oceanside

(1067-D7) Rating: 2

From Highway 78 in Oceanside, exit north on College Boulevard, and drive 4.4 miles north to Highway 76. Make a right turn on Hwy 76 and continue east about ½ mile to Lake Guajome Rd. Turn right (south) and drive up the hill past the park entrance, which does not open until later, and park on the street.

Leader: Beth Pearson
760-716-6804

Saturday, February 15, 8:00 am.

Dos Picos County Park & Rangeland Rd.
Ramona

(1171-H5) Rating: 2

From I-15 in Rancho Bernardo go east on Rancho Bernardo Road, which turns into Espola Road (S5). Head south, and continue to Poway Road (S4). Turn left and drive east to Highway 67. Head north on Highway 67 and just before you reach Ramona, make a hard right on Mussey Grade Road (heading southwest). Continue on Mussey Grade Rd and turn right on Dos Picos Park Road and drive ½ mile to the park entrance on the left. There is a San Diego County Park parking fee (cash only \$3), but free with a County Parks Senior Pass.

Leader: Hal Benham
858-386-6911

Note: See bottom of Page 9 for the PAS Field Trip Checklist. You will not want to leave home without these items.

Saturday, February 22, 8:00 am.

San Joaquin Wildlife Sanctuary

5 Riparian View, Irvine, CA 92612

(Thomas Guide to Orange County, page 859 J-7)

Rating: 2

Take I-5 north to the San Diego Freeway I-405. Continue north on the I-405 a short distance and then take the Culver exit and turn left (south). At the first signal, which is Michelson, turn right. Continue west on Michelson and then turn left on Harvard. Continue south on Harvard and then turn right on University Dr. Continue on University to Campus Dr. and turn right again. Stay in the far right lane and immediately turn right on to Riparian View which will enter the San Joaquin Wildlife Sanctuary. (There is a dark green sign by the turnoff, identifying this as the route into the San Joaquin Wildlife Sanctuary) At the end of the road, you will make a sharp left turn down a steep driveway and into the parking lot. The first building you see will be the Sea & Sage Audubon House. Beyond the Audubon House are the ponds of the San Joaquin Wildlife Sanctuary and many trails for us to explore. A PAS favorite! Allow 50 min. from Oceanside. Leader: Jennifer Falconer
949-278-1630

Saturday, March 2, 8:00 am.

Santee Lakes

Santee

(1231-A5) **Rating: 2**

From I-15 go east on Hwy 52. Exit at Mast Blvd. Continue east on Mast Blvd. to Fanita Parkway. Turn right and continue south to the entrance to Santee Lakes on your right. Car entry fee is \$5.

OR from Mast Blvd, turn left on Fanita Parkway, and continue north to Lake Canyon Dr. Turn right, park along the street, and walk through the open gate for **FREE**. Meet in the parking lot by the General Store between lakes 4 & 5.

Leader: Tom Trowbridge
760-522-8519

CONSERVATION NOTES (CONT. FROM PAGE 3)

San Diego County reported the highest number of species: 242

Followed by Orange County: 124

Total number of California checklists: 507

Total number of species identified in California: 301 plus 59 other taxa

Reference: <https://ebird.org/tripreport/246693>

California Biodiversity Day 2025 will take place during September 6 – 14!

California Biodiversity Day background:

“Established in 2018, California Biodiversity Day is part of California's first Biodiversity Initiative to safeguard the state's natural heritage in response to the growing loss of biodiversity across the state. In 2020, a groundbreaking Executive Order was signed to protect 30% of California's lands and waters by 2030, known as California 30x30. Together, these initiatives protect biodiversity,

build resilience to climate change, and ensure equitable access to nature for all Californians. By participating in California Biodiversity Day, you can connect with the nature around you while contributing to these important conservation goals.”

Reference: <https://storymaps.arcgis.com/stories/0e41fd4d77684d90abfda18fe10a1f22>

Recent Community Engagements

As part of Palomar Audubon's ongoing commitment towards environmental conservation and education, the chapter recently participated in two events. Events like these not only help foster stronger relationships with our community partners, but they also offer opportunities to educate and increase the chapter's visibility by interacting with the public and maybe even spark an avian curiosity in a young person.

Here's a look at a summary of the events:

San Diego Bird Alliance 75th Anniversary Celebration

Date: October 20, 2024, 11:30 – 2:30

Location: Liberty Station (South Promenade), San Diego
San Diego Bird Alliance (formerly San Diego Audubon Society) celebrated 75 years of conservation, education and restoration work in San Diego. The family friendly educational event focused on biodiversity and human diversity. It was free and open to the public and featured interactive activities, entertainment, and food. Community partners from around the county were involved.

Highlights of the PAS booth:

- PAS informational postcards and membership sign-up available, newsletters for viewing
- Cyanotyping interactive art project: Participants created a landscape image complete with local raptor silhouettes.
- Collaboration with San Diego Bird Alliance to sell donated books to raise money for our organizations.



Butterfield Trails Park Community Event

Date: November 16, 2024, 10:00 – 1:00

Location: Butterfield Trails Park, Valley Center
Butterfield Trails Ranch was purchased on December 29, 2023, and the area has been designated as future park land for the community of Valley Center. The property is approximately 60 acres and is managed by the San Diego Department of Parks and Recreation. This open house event welcomed visitors with an introductory presentation featuring historical and land acknowledgement

(Continued on page 8)

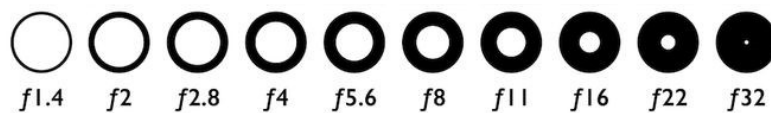
Birds in Focus: Welcome to The Exposure Triangle

By: Linda Baade

Using a new camera can be a daunting experience. With so many buttons, dials, menus, and settings, it can quickly become overwhelming. To simplify the process of taking photos, manufacturers equip their cameras with automatic modes that allow the camera to adjust settings for the user. While many cameras do an excellent job of determining the right settings for a properly exposed image, being able to leverage the manual settings opens up a world of creative possibilities. This article aims to explain the fundamental settings that impact image quality, collectively known as The Exposure Triangle.

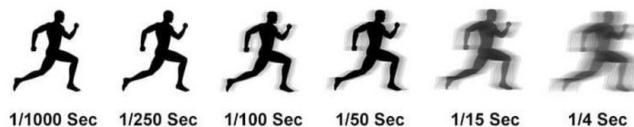
The three elements that comprise The Exposure Triangle are aperture, shutter speed and ISO. In combination, these three things largely control whether your image will be unusable or a prized keeper. In simple terms, we will start by unpacking what each element is and how it fundamentally impacts the image.

Aperture: This term refers to the size of the lens opening that allows light to enter the camera. Each lens has a minimum and maximum diameter for its opening, which may be a fixed size or a selectable range. A larger aperture allows more light to reach the sensor, while a smaller aperture permits less light to enter. Below is a diagram illustrating the range of apertures.



Note: The aperture affects the “depth of field,” which determines how much of an image is in focus. A wider aperture (such as f/2.8) results in a shallower depth of field, while a smaller aperture (such as f/16) keeps more of the image in focus.

Shutter Speed: Shutter speed refers to the length of time the camera’s lens stays open, allowing light to reach the sensor. This duration is measured in seconds or fractions of a second. A faster shutter speed opens the lens for a shorter period, freezing motion, while slower shutter speeds can create blur to show movement. The following image illustrates a range of shutter speeds from one-thousandth of a second to one-quarter of a second and demonstrates how shutter speed impacts the capturing of motion.



ISO: In digital photography, essentially a measure that describes the sensitivity of the digital sensor to light. The higher the ISO value the less light the sensor needs to collect to make a correct exposure. The lower the ISO value, the more light the sensor will need to make a correct exposure.

Of note: The ISO affects the amount of visible grain in an image. Similar to film photography, higher ISO values lead to increased visible graininess whereas lower ISO values produce pictures with finer grain. The following graphic illustrates the correlation of ISO and the graininess or sharpness of an image.

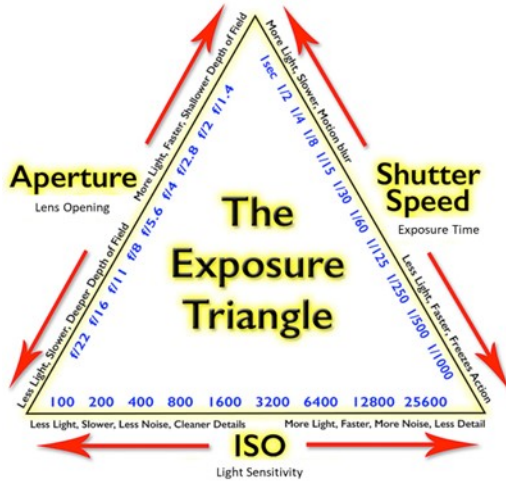


Putting It All Together: The Exposure Triangle

The aperture, shutter speed, and ISO work together to achieve proper exposure. If the amount of light provided by one of these elements decreases, the other settings need to compensate by allowing in more light and vice versa. For example, if proper exposure is achieved with an ISO of 400 and a shutter speed of 1/500 at a specific aperture, but you want to increase the shutter speed to 1/1000, (which halves the amount of light hitting the sensor) you would need to double the ISO to 800 to maintain the same exposure level. The key is to find the right balance to produce a properly exposed, sharp image with the desired characteristics. Most cameras allow you to manually control one aspect of the exposure triangle while automatically adjusting the others. This feature helps you become familiar with the effect of each setting individually and can guide you as you transition to full manual mode, where you have control over aperture, shutter speed, and ISO. Below is a graphic of the exposure triangle, along with some tips to assist in selecting appropriate manual settings.

When capturing birds in flight or any fast-moving subjects, like a ruby-crowned kinglet, it's essential to use a fast shutter speed—ideally, 1/1000 of a second or faster—to freeze the motion. Utilizing shutter priority mode (refer to your camera's user guide for its symbol and location) enables you to set the shutter speed while the camera automatically selects the appropriate ISO and aperture for a well-exposed image.

When photographing stationary subjects, adjust the aperture to control the depth of field. This determines how much of the scene is in focus and can help blur the background or keep more of the bird(s) in focus. (Many cameras offer an aperture priority mode.) Manually adjusting the ISO can reduce grain and enhance image sharpness. Ensure your settings allow enough light for a fast enough shutter speed to prevent motion blur or camera shake, both of which can occur if the shutter speed is too slow.



Sample images and the exposure settings



Red-necked phalarope
Prioritized shutter speed 1/2500 (to freeze movement), ISO 640 (minimize grain), enough light available for an aperture of f8.



Brown Pelican
Shutter speed 1/1250 (freeze action), to maintain reasonable grain ISO 1000, aperture of f5.6 focusing on the eye.



Black Skimmer
Aperture f13 (for focus across depths), shutter speed 1/1250 (freeze motion) ISO 1000 (forfeited detail to gain depth and avoid blur).

Conclusion: Achieving the right combination of aperture, shutter speed, and ISO is a balancing act, as each setting influences the others necessary for a properly exposed image. If the settings allow too much light for too long, the picture will be overexposed, resulting in a loss of detail, particularly in the highlights. Conversely, if there is too little light, the image will be too dark, especially in the shadows, and may appear noisy, lacking clarity and detail. By being mindful of these settings and experimenting with different combinations, you can gain better control over your images, adapt to challenging lighting conditions, and achieve more predictable results. The great advantage of digital cameras is that you can simply delete the images that don't turn out. Have fun!

Quiz Answer: Ring Neck Pheasant seen at San Jacinto Wildlife Area.

Photo by Cindy Jo Rippee



CONSERVATION NOTES (CONT. FROM PAGE 5)

information, along with guided walks and tree plantings.

Booths set up by community partners offered educational flyers, free items, food, and more.

Highlights of the PAS booth:

- PAS informational postcards and membership sign-up available, newsletters for viewing.
- Cyanotyping interactive art project: Participants created a landscape image complete with local raptor silhouettes.
- Bird flashcards for identification fun and owl shortbread cookies, all created by Tsaiwei Olee.
- Dissecting scopes to view details of feathers, leaves, and other organic matter.
- Candy, mini cookies, and homegrown lemons available.



Thank you to everyone who participated, volunteered, and supported these events. Your involvement is vital to the success of our conservation work.

We look forward to seeing you at our next initiative, the San Diego Bird Festival, Marina Village Conference Center, 1936 Quivira Way, San Diego (www.sandiegobirdfestival.org/). PAS will host a table March 1 - 2, 2025, and these two days are free to the public.

PAS WELCOMES THESE NEW AND RENEWING MEMBERS AND THANKS OUR DONORS SO VERY MUCH!

*Denise and Thomas Boren,
Joni Ciariletta,
Paul Chen,
Kim Cruz,
Nancy DeFay,
Judith Doebke,
Ellen Fowler,
Carol Heasley,
Nancy Iwamoto,
Cathy Jain,
Paul Jeffs,
Edmund Kasner,
Betsy Miller,
John Oldson,
Larry Owen,
Ellen Pocius,
Iris Sparks,
Li Tai,
Cynthia Walters,
Lori and Jim Wantz*

Note: A bit of helpful information on how to tell when your renewal is due is that there is a date on the mailing label of the newsletter that lets you know.

QUIZ

Which PAS field trip location can this bird be found?



Photo by Cindy Jo Rippee.

Answer on bottom of page 7.

Donations & Membership in Palomar Audubon Society (PAS)

All donations of \$30 or more qualify for membership in PAS

Membership benefits include

- Bi-monthly newsletter – Band Tales
- Monthly Programs and Presentations on birds around the world
- Invitation to Birding Trips outside our region, including International
- Invitation to Annual Summer Picnic and Christmas Bird Count Picnic
- Invitation to bird classes

Note that PAS membership is separate from membership in National Audubon, and we rely on donations from our members to offer the benefits.

Donation Levels: Member \$30 Supporter \$60 Silver \$125
 Gold \$250 Platinum \$500 Legacy \$1000

Palomar Audubon Society is a 501(c)(3) Nonprofit and an all-volunteer organization. Your donations are tax deductible.

Donations and/or Payments can be made using a check or by using Zelle.

Checks: When mailing a check, fill in your details below and send via USPS to Palomar Audubon Society, P.O. Box 2483, Escondido, CA 92033

Name: _____ Donation amount: \$ _____

Address: _____

Email: _____ Tel: _____

Please indicate if you would prefer a paper copy of Band Tales: Yes ___ or No ___

(Band Tales is available on our website: www.palomaraudubon.org)

Zelle: Make your donation to pavpalomaraudubon@gmail.com

In the memo line indicate: "Donation from *your name and email*"

Also indicate if you would prefer a paper copy of Band Tales: Yes or No

For Payments other than Donations such as trip costs or classes.

These can also be made via Zelle or USPS Mail as above. Please be sure to indicate the reason for the payment in the memo line of your check or Zelle submission.

UPCOMING EVENT

PAS Birding at Lake Wohlford (December 14, 2024)

Announcing- Evening Birding Classes for all Levels of Expertise

Palomar Audubon Society is offering evening Birding Classes starting in Spring 2025. There are classes for all levels of expertise including beginning, intermediate, and advanced. Courses include classroom instruction, reference documentation, and participant-exclusive field trips to practice your knowledge. The first session, beginning birding, starts on March 12, 2025. The location for all sessions is in Rancho Bernardo. There is a nominal cost per course with discounts to PAS members. More information and the Registration Form are available at <https://palomaraudubon.org/>.



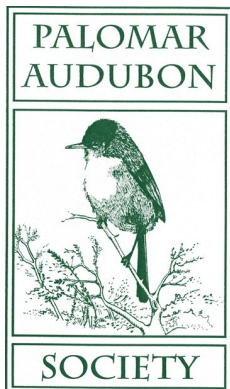
FIELD TRIP CHECKLIST

- ◆ Comfortable shoes or hiking boots
- ◆ Hat, sunscreen, insect repellent
- ◆ Road map, Full fuel tank
- ◆ Drinking water, snacks and lunch
- ◆ Binoculars/Scope, field guide and notebook
- ◆ Call Leader for last minute cancellations or changes

Band Tales

January-February, 2025

Band Tales is an official publication of the Palomar Audubon Society; it is issued bi-monthly and sent to all members as a part of their Palomar Audubon Society Chapter-only membership.



Palomar Audubon Society

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 Mary Jo Hayes' 760-505-6675
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 Tracy Henchbarger 619-417-3477
 Tsaiwei Olee 858-722-0108
 Jack Peterson..... 858-437-3240
 Tom Pietuch 619-517-8175
 Cindy Rippee 858-354-1791
 Tom Trowbridge 760-522-8519

Web Page <http://www.palomaraudubon.org>
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BOARD OF DIRECTORS MEETINGS

Saturday, January 25th at 12:00 PM
At the Remington Club II Retirement Center, 16916 Hierba Drive, Rancho Bernardo

QUICK CALENDAR

- | | | |
|-----------------|-----------|--|
| January | 4 | Dixon Lake Walk |
| January | 11 | Felicita County Park Walk |
| January | 18 | Oak Hill Memorial Walk |
| January | 23 | “Remarkable Raptors” |
| January | 25 | Kit Carson Walk |
| January | 25 | Board of Directors Meeting (see above) |
| February | 1 | Batiquitos Lagoon Walk |
| February | 8 | Guajome Regional Park Walk |
| February | 15 | Dos Picos County Park and Rangeland Road Walk |
| February | 22 | San Joaquin Wildlife Sanctuary Walk |
| February | 27 | “A Win-Win Solution for Lake Hodges Grebes” |
| March | 2 | Santee Lakes Walk |